CHCMHS005 Provide services to people with co-occurring mental health and alcohol and other drugs challenges

# Modification History

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| --- | --- |
| Release | Comments |
| Release 2 |  |

# Application

This unit describes the skills and knowledge required to assess capacity to support people experiencing co-occurring mental health and alcohol and other drugs challenges and to work collaboratively to provide support and facilitate connections with services.

This unit applies to work with people with co-occurring mental health and alcohol and other drugs (AOD) assessments in a range of community services work contexts.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

# Elements and Performance Criteria

| ELEMENT | PERFORMANCE CRITERIA |
| --- | --- |
| Elements define the essential outcomes | Performance criteria describe the performance needed to demonstrate achievement of the element. |
| 1. Assess capacity to provide support to a person with co-occurring mental health and AOD challenges | 1.1 Identify and respond to signs that a person may be experiencing co-occurring mental health and AOD challenges  1.2 Identify own service provision and possible agency programs or interventions suitable for a person with dual diagnosis  1.3 Assess the impact and nature of co-occurring conditions on the person, including their social, financial and legal status  1.4 Work with the person to understand their readiness, motivation, priorities and goals for recovery in relation to both their mental health and alcohol and other drug needs  1.5 Research or consult with specialist services, as needed, to gather additional specific information about the relevant AOD substances and their interactions or possible impacts on someone with mental health issues |
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| 2. Work collaboratively to provide support services to address co-occurring challenges | 2.1 Build an effective working relationship with the person  2.2 Discuss with the person their existing services and supports, and their perspective on collaboration or coordination across services  2.3 Gather and review information on available service options and approaches with the person  2.4 Support person to make informed decisions about approaches, including resources and services  2.5 Develop and document a plan with the person that reflects choices made  2.6 Work collaboratively with the person to facilitate the implementation of appropriate strategies, services and resources |
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| 3. Facilitate links to further care | 3.1 Identify concerns that are outside the scope of the service and/or the scope of the worker  3.2 Collaboratively identify appropriate service and other support options with the person  3.3 Support positive decision making to assist the person to make informed choices about recovery options  3.4 Work collaboratively with the person to determine referral options, and responsibilities and consents required  3.5 Make referrals in consultation with the person and in line with organisation protocols  3.6 Follow up and evaluate referrals to ensure they have been effective |
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| 4. Collaborate with the person to minimise risk | 4.1 Work collaboratively with the person to identify potential risks to their safety and the safety of workers and others  4.2 Prevent risks by identifying triggers, strategies to manage risks and contingency options  4.3 Use evidence-based de-escalation techniques, conflict resolution and negotiation skills to manage conflict  4.4 Identify emergency situations and seek immediate assistance  4.5 Comply with laws, relevant ethical guidelines and policy requirements that affect duty of care and dignity of risk |
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| 5. Review and report on support provided | 5.1 Develop and maintain records of services provided, decisions made and follow up actions in collaboration with the person  5.2 Communicate relevant information to work colleagues and other people working with the person, with the persons consent  5.3 Reflect on own role in providing support and use learning to enhance future practice  5.4 Seek advice, supervision and debriefing from workplace supervisor based on identified needs |

# Foundation Skills

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| The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance. | |
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| Foundation skills essential to performance are explicit in the performance criteria of this unit. | | |

# Unit Mapping Information

No equivalent unit.

# Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCMHS005 Provide services to people with co-occurring mental health and alcohol and other drugs challenges

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# Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

* worked collaboratively to provide services to at least 3 different people with co-occurring mental health and AOD challenges

# Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the work role. This includes knowledge of:

* values, philosophies and service models of the mental health and AOD sectors, including:
* recovery and recovery-oriented practice
* holistic and strength-based approaches
* harm minimisation
* access, equity, rights-based practice and social justice
* power dynamics, including empowerment/disempowerment and language
* dignity of risk
* legal and ethical considerations (international, national, state/territory and local) and how they apply in practice:
* duty of care
* informed consent
* privacy, confidentiality and disclosure
* rights and responsibilities of workers and people accessing services
* mandatory reporting
* work role boundaries – responsibilities and limitations
* work health and safety
* discrimination
* human rights
* practice standards
* codes of practice
* specific mental health and AOD legislation and its impact on workers
* policy frameworks
* records management
* children in the workplace
* safety and risk management considerations and strategies, including:
* identification
* prevention
* minimisation strategies
* evidence-based de-escalation techniques, conflict resolution and negotiation skills
* AOD related knowledge, including:
* types and effects of commonly used legal and illegal substances, including alcohol, tobacco, medications and illicit drugs
* harms, including common impacts of long-term use
* signs and symptoms of use, dependency and withdrawal
* interactions between mental health medications and other substances
* drug tolerance
* harm minimisation, abstinence and relapse prevention strategies
* evidence-based mental health practice, including those outlined in current national standards, workforce strategies, and service quality frameworks relevant to mental health and AOD sectors
* role and use of standard screening tools to identify co-occurring mental health and AOD issues
* services and support strategies appropriate to those with co-occurring issues, including those beyond AOD and mental health
* techniques and processes for developing, documenting and implementing a plan of action to address co-occurring issues
* models of change and basic principles of motivational interviewing or similar approaches

# Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. Where simulation is used, it must reflect real working conditions by modelling industry operating conditions and contingencies, as well as using suitable facilities, equipment and resources.

# Links

Companion Volume implementation guides are found in VETNet -